

## Graham Jarvis Coaching our Coaches Thursday 18<sup>th</sup> December 2008

We at The John Hagan Youth Trials Academy rapidly realised, not only do we have an obligation to the youth riders' requirements, but we also have an obligation to the coaches who are providing that service. In order to pick up from the last coaches' notes then relay this into meaningful actions there has to be a centralised method of coaching, "a common ground" which all coaches work from. To this end we were inspired to look at the coaches and their needs and training provision.

Since the conception at the JHYTA, it has always been our aim to provide a high level of coaching to our youth riders. Therefore it was only natural that a good long-term investment be made in our coaches (people who give their time freely for the benefit of the youth) we invited one of the best coaches in the business to pass on his expertise to our team of volunteer coaches. We believe this has further enhanced the abilities of our team of Coaches to help and assist them to provide a more effective, standardised and professional service to our young riders.

The best man for the training job being identified as Graham Jarvis, One of only three coaches that can train other coaches on behalf of Auto Cycle Union (ACU)



Graham who is Multi British Champion, 4 time Scottish 6 day winner, 7 Scott trial victories and winner of 5 world rounds this therefore was a natural choice, and we at the JHYTA seen this to be a good long term investment to avail of his coaching services, as currently there is no qualified coaching body or coaching services within the Motorcycle Union of Ireland (MCUI), Ulster Centre or Southern Centre.

In order to achieve our coaching goals, we as a training body, JHYTA brought Graham over for a day of intense coaching / training and progressive rider techniques. This event was primarily to train the coaches on the best way we can provide a standardised level of coaching.

Many thanks go to our team of volunteers, who braved the elements getting vigorously involved in the whole instruction session. Our first team of coaches consisted of **Sam Turkington, Shaun Turkington, Jonny Hagan, Michael Davidson, Jonny Davidson, Mervyn Hanlon, Glenn Drennan and Russel Houston**, all of which benefited from the valuable tuition package.

We will be hoping to continue with the tuition programme in the future and increase the numbers of coaches available to assist with the JHYTA activities/events. As we totally fund all the training / coaching development through our own club funds, the increase in coaches and related activities will increase as the funds become available.